

CENTRAL SHENANDOAH HEALTH DISTRICT

Weekly COVID-19 Update

January 25, 2021



WHAT'S NEW THIS WEEK

COVID-19 Vaccine Information

This week we continued our efforts to vaccinate those in 1a and we began vaccinating some groups in phase 1b. Information about the COVID-19 vaccine is changing rapidly and we will keep you up-to-date with the information we have. Stay informed:

- **Understanding our vaccine supply:** There are over **300,000 people** living in our health district and the estimated weekly allocation of vaccine to our area over the coming weeks will be approximately **3,400 COVID-19 vaccine doses** - this includes the doses sent to our healthcare partners. We are working on an equitable plan to distribute this vaccine. **Currently, the demand for vaccine in our health district exceeds our supply.** This comes as a result of a limited supply coming from the federal level to the Virginia Department of Health who then allocates to our health district. Vaccine availability will be limited for the next 4-6 weeks, and district vaccine allocations will be used to finish Phase 1a groups, and start efforts on a few of the top Phase 1b groups, including those aged 65+, and some K-12 education staff. Further essential worker efforts will likely be delayed until sometime in March.
- This week we began publishing our daily vaccine numbers on [Facebook](#) and on our [website](#). These numbers only reflect COVID-19 vaccinations performed by the Central Shenandoah Health District and are not a reflection of total COVID-19 vaccines given within the health district and are approximate as of date received. For total COVID-19 vaccine distribution numbers, please visit the [VDH COVID-19 Vaccine Dashboard](#). Below are the number of people vaccinated by the health department:
 - Week of December 20th: 200
 - Week of December 27th: 430
 - Week of January 3rd: 570
 - Week of January 10th: 1,220
 - Week of January 17th: 2,450
- Actions to take:
 - **If you are aged 65 and up and want to sign up for the COVID-19 vaccine** please fill out this [Request for Individual Vaccination Survey](#). Please note that by completing this survey, your name will be added to a waitlist to receive notification when a COVID-19 vaccine is available to you and provide you with information on how to register.
 - **If you are an employer or organization of essential workers in Phase 1a or Phase 1b** please fill out this [Vaccine Clinic for Employers Survey](#).
 - **If you are a individual who is part of an essential worker organization included in Phase 1a or Phase 1b**, please speak with your supervisor about being included in their roster for vaccination purposes.
 - **If you are an essential worker in private practice included in Phase 1a or Phase 1b** please fill out this [Request for Individual Vaccination Survey](#).
 - **If you are age 16-64 years old with certain conditions or disabilities that increase your risk of severe illness from COVID-19**, please sign up for our [COVID-19 Vaccine Update](#). We will use this update to notify you when we start to vaccinate this group. If you are unsure if you are eligible for Phase 1b under this category, please complete this [VDH Eligibility Tool](#).
 - **If you are none of the above or in Phase 1c** and want to receive updates about the Central Shenandoah Health Districts vaccine distribution efforts, please sign up for our [COVID-19 Vaccine Update](#). You can find information about who is included in Phase 1c [here](#).



- Governor Northam announced the Phase 1b and 1c priority vaccination groups on January 6th. Phase 1b was expanded on January 14th to include those aged 65+ and those aged 16-65 with high risk medical conditions. The Central Shenandoah Health District moved into Phase 1b on Monday, January 18th. To start Phase 1b vaccinations, CSHD and our healthcare partners will begin vaccinating corrections and detention center staff as well as homeless shelter medical staff. The week of January 25th, we will begin vaccination efforts for K-12 and daycare staff, as well as veterinarians. To learn more about the phases, visit:
 - [Phase 1a](#)
 - [Phase 1b](#)
 - [Phase 1c](#)

District COVID-19 Activity

Cases have been decreasing in our region (Northwest) for the last 9 days and cases are considered to be fluctuating. Our district continues to see an increased surge in COVID-19 activity, similar to what we are seeing statewide and nationwide. You can explore individual locality metrics [here](#). To learn more about the VDH Pandemic Metrics, click [here](#).

COVID-19 Variants

The Virginia Department of Health (VDH) and the Department of General Services Division of Consolidated Laboratory Services (DCLS) today, January 25, announced that the first case of the SARS-CoV-2 variant B.1.1.7 has been identified in a sample from an adult resident of Northern Virginia with no reported recent travel history. The B.1.1.7 variant, which first emerged in the United Kingdom in late 2020, is associated with increased person-to-person transmission of COVID-19.

With this announcement, it is crucial to reinforce the importance of social distancing, wearing masks, and thinking about who is in your social bubble.

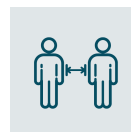
For more information about new COVID-19 variants, visit the CDC website linked [here](#).

PREVENTION REMINDERS

The COVID-19 vaccine is here, but we still need to focus on flattening the curve.

Watch your distance | Wash your hands | Wear a mask

- All people in Virginia should **stay home as much as possible** and **practice social distancing** to reduce the risk of being exposed to COVID-19.
- **Wear a face mask to protect yourself** from COVID-19.
- **Get your flu shot:** it is not too late to get your flu shot to protect you from the seasonal influenza.
- **Download [COVIDWISE](#),** Virginia's free exposure notification app.
- **Answer the call!** If a Case Investigator or Contact Tracer calls you, you should answer the call. Talking to the health department is an important step in slowing the spread of COVID-19.
- **Who is in your Social Bubble or Pod?** As COVID-19 continues to spread in our community, it is important to think about who is in your social bubble and who might be in their bubble. Check out this new [VDH document](#) for more information.



TESTING EVENTS

We are offering COVID-19 testing on **Thursday, January 28th from 8:00am-10:00am at the Rockbridge Regional Dispatch**. Testing is for those who have COVID-19 symptoms and/or were in close contact to someone with COVID-19. Please share the below flyers on social media.

FREE COVID-19 TESTING

The Central Shenandoah Health District is offering **free drive thru COVID-19 testing** for those:

- With COVID-19 symptoms **and/or**
 - Who were in close contact with someone who has COVID-19.
- Registration is not required.**

Rockbridge Regional Dispatch

Thursday, January 28th | 8:00am-10:00am
100 Baner Lane | Buena Vista, VA 24416



QUESTIONS? Call your local health department!

Pruebas Gratuitas de COVID-19

El departamento de salud ofrece **pruebas gratuitas de COVID-19 auto-servicio**. Pruebas para aquellos:

- Con síntomas de Covid-19 **y/o**
 - Contactos cercanos a un caso confirmado de Covid-19.
- No se requiere cita.**

Rockbridge Regional Dispatch

Jueves el 28 de enero | 8:00am-10:00am
100 Baner Lane | Buena Vista, VA 24416



Preguntas? Llame el departamento de salud!

COVID-19 HEALTH EDUCATION

CSHD Office Hours

Do you have questions about the COVID-19 vaccine and vaccination efforts in our district? Join us for our twice weekly office hours! Please share with your community.

NEW We are now offering Spanish language office hours!

- Every Monday from 6:00pm-6:45pm
- Every Wednesday from 6:00pm-6:45pm

English office hours:

- Every Monday from 7:00pm-7:45pm
- Every Wednesday from 7:00pm-7:45pm

Dial **1-844-992-4726** and enter the access code **132 173 5589** when prompted. When asked for attendee ID, press #. To unmute yourself during the call press *6.

CENTRAL SHENANDOAH HEALTH DISTRICT



COVID-19 VACCINE OFFICE HOURS

Do you have questions about the COVID-19 vaccine? Join our health educators for weekly office hours! These are 45 minute Q&A sessions for the general public to ask questions about the COVID-19 vaccine.

WHEN (English): Mondays from 7:00pm-7:45pm AND Wednesdays at 7:00pm-7:45pm

WHEN (Spanish): Mondays from 6:00pm-6:45pm AND Wednesdays at 6:00pm-6:45pm

HOW: Join by phone

CALL IN AT: 1-844-992-4726

ACCESS ID: 132 173 5589

When asked for an attendee ID, press #

Dial the number above and enter the access code when prompted. Please mute upon entry and unmute when you have a question.



QUESTIONS? Email cshdinfo@vdh.virginia.gov

CENTRAL SHENANDOAH HEALTH DISTRICT



HORAS DE OFICINA PARA EL TEMA DE LA VACUNA DEL COVID-19

¿Tiene preguntas sobre la vacuna del COVID-19? ¡Únase a nuestros educadores de salud en el horario de oficina semanal! Estas son sesiones de 45 minutos para preguntas y respuestas abiertas al público en general para que hagan preguntas sobre la vacuna del COVID-19.

Cuando (Español): Lunes a las 6:00pm-6:45pm y los miércoles a las 6:00pm-6:45pm

Cuando (Inglés): Lunes a las 7:00pm-7:45pm y los miércoles a las 7:00pm-7:45pm

Como: Únase por teléfono

Llame a: 1-844-992-4726

Numero de Acceso: 132 173 5589

Cuando se le solicite el número de asistente, presione #

Marque el número de teléfono de arriba e ingrese el código de acceso cuando se le solicite. Por favor silenciar al ingresar y quite el silencio del teléfono cuando tenga una pregunta.



¿Preguntas? Escriba al correo electrónico cshdinfo@vdh.virginia.gov

COVID-19 DATA BREAKDOWN

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found [here](#). Note: The daily case count only reflects the cases reported 1/25/2021. For daily case counts throughout the week, please visit the VDH [website](#).

	Daily case count*	New cases, 7-day avg	Total cases	Total hospitalizations	Total deaths
Augusta	27	38	4,632	112	44
Staunton City	12	16	2,156	60	50
Waynesboro City	21	19	1,759	51	20
Rockbridge	15	17	1,006	35	23
Lexington City	2	8	785	19	15
Buena Vista City	5	8	695	17	10
Rockingham	37	37	5,326	269	68
Harrisonburg City	11	15	5,162	143	57
Bath	1	1	240	4	0
Highland	3	1	76	0	0
Totals	134	160	21,828	710	287
<i>*As of 10:00am on 1/25</i>					

If this email was forwarded to you and you want to receive this information from the health department, you can subscribe to receive our weekly email by clicking the button below!

Subscribe
here!

The PDF version of this newsletter can be found on our [website](#).

FOR MORE INFORMATION ABOUT COVID-19, VISIT:

<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>

